



Dear Parents (Guardians):

To celebrate the success and hard work of our students, an end-of-the-year field trip has been planned for all Pinehurst School students to the Crest Outdoor School: a place-based, educational non-profit located at Willow-Witt Ranch, 658

Shale City Rd, Ashland, OR 97520, off of Indian Memorial near the Grizzly Peak Trail. It is approximately 50 minutes from Pinehurst School. **This field trip will take place between Tuesday, May 28th and Thursday, May 30th.**



The plan is to spend two nights (Tuesday and Wednesday) at the Crest Outdoor School. Before we finalize this decision, **we need your input preferably by Tuesday, April 30th and no later than Friday, May 3rd, to confirm if you would like your child(ren) to participate in the 3-day, 2-night program.** Students, teachers and chaperones will be camping in canvas wall tents with bunk beds and wood stoves. Please see the attached photos of the facilities. You also have the option to set up your own tent.

If you would like your child to participate, but feel more comfortable with a one-night stay vs. a two-night stay, please let us know and we will make those adjustments to our plan. If you are interested in joining us overnight as a chaperone, please let us know that as well. Another option would be to pick your child up in the evenings and return them in the mornings if you would prefer to not have your child stay overnight.



Thanks to our Pinehurst School Foundation sponsorship, there is no cost to you or your child for this trip, and transportation and meals will be included, except for lunch on our first day. In addition to confirming with us whether your child(ren) would like to participate, whether you would like to chaperone, and if you have a preference about an overnight or two-night stay, **please list any dietary restrictions or food allergies for your child (and yourself if you plan to chaperone; including reaction and severity):**

We are very excited to take your children on this multiple day and night fun, learning adventure!
Please look over the contents of this packet:

- Overnight Packing List
- Permission to Participate
- The CREST—Health/Medical Form
- Photos of Facilities

Please confirm your child(ren)'s (and your) plans to participate and dietary restrictions/food allergies with John at 541-482-1910 or john@pinehurst.k12.or.us preferable by Tuesday, April 30th and **NO LATER THAN Friday, May 3rd. Thank you so much! We look forward to hearing from you!!!**

The CREST—Health/Medical Form

All students participating in CREST programs must fill out this form. Return this form to your teacher or group leader. This is a confidential form used by site lead, teachers or health officer.

Participant Name: _____ Birthdate _____ Age: _____ Gender _____

Parent/Guardian: _____ Phone _____ Work Phone _____

Street Address: _____

City, State, Zip: _____

Emergency Contact: _____ Relationship _____

Primary Phone: _____

Please list if participant has any conditions we should know about: Ex: Asthma, Severe bee sting allergy, other allergies, Seizures, Diabetes, Depression, ADHD, Sleepwalking, Bedwetting
Explanation:

List any past medical conditions, injuries, or illnesses that might affect the program, including any restrictions of activity for medical reasons:

List any dietary restrictions or food allergies (including reaction and severity):

Does your child use an epi-pen? (Circle) YES NO

Do you authorize the group leader or outdoor coordinator to dispense over the counter drugs, such as Tylenol, Advil, or Benadryl/Claritin if needed? (Circle) YES NO

Child's Doctor's name: _____

Doctors Phone _____

Permissions to Participate

I give permission for my child to participate in activities on the property of The Crest at Willow Witt ranch. I release, waive, and discharge The CREST, and all of its instructors, employees, directors, agents, partners and volunteers from any and all liability to me, to my child, and to all my legal representatives, assigns, heirs, and next of kin for damage and injury to my child or to any person or property arising out of participation in the program, whether on The CREST premises or elsewhere. The Guardian also understands that in the event of an emergency, their child may need to be transported in an emergency and this permission is given.

Participant's Name: _____ Date: _____

Adult Participant or Parent/Guardian Signature: _____

The CREST Photo Release Waiver

As the Guardian of said Minor, I grant The CREST at Willow Witt all right, title, and interest in all photographic images and video or audio recordings made by The Crest during the Minor's time with The Crest. I authorize The CREST to use, reproduce and exhibit recordings and photos for the purpose of promotion, education and other lawful purposes.

Please indicate: Yes, I accept photo release No, I do not accept photo release

Name: _____ School Name: _____

Parent/Guardian signature (if under 18): _____

Date: _____



Overnight Packing List

The Crest and Willow-Witt Ranch are located about 3,000 feet higher in elevation than the Rogue Valley. The weather is usually about 10 degrees cooler than in town.

Here is a list of appropriate gear needed:

The CREST has a supply of some gear to borrow (sleeping bags, boots, rain jackets, etc.) Please follow the same guidelines as the schools with appropriate dress.

Bedding:

- Sleeping bag
- Pillow

Clothing:

- Pajamas
- Hiking boots or tennis shoes
- Shirts 3
- Underwear 3
- Warm socks- 4-5 pair (wool or thick hiking socks are great!)
- 2-3 Pairs of jeans/sturdy pants
- Warm jacket
- Rain Jacket and rain pants if you have them
- 1-2 Sweaters or sweatshirts
- Long underwear layers in case of cold weather
- Hat (beanie, sun hat/baseball hat)
- Gloves
- Slippers or warm socks for the cabin

Personal Items:

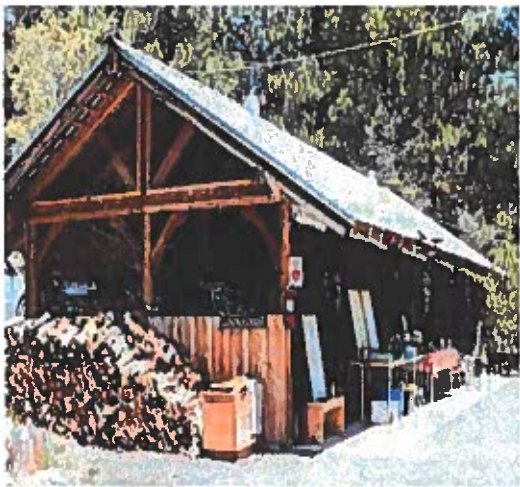
- Toothbrush, toothpaste, floss
- Deodorant
- Sunscreen/lip balm
- hairbrush

General Supplies:

- Plastic bag for dirty or wet clothes
- Water Bottle

Do not bring: expensive items like jewelry, scented perfumes, weapons (including pocket knives), candy, gaming devices

Crest Facilities: Located at Willow Witt Ranch, 12 miles NE Ashland
658 Shale City Rd.



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